



RUACH
"The Spirit of Karate"

TRAINING TIMES AND VENUES



**COCKS MOOR WOODS
LEISURE CENTRE**

Sunday : 13:15 - 14:15
Tuesday: 18:15 - 19:15



WALSALL WOOD

Wednesday 16:00-17:00



**TUDOR GRANGE
LEISURE CENTRE**

Friday: 18:00 - 19:00
Sunday: 16:00 - 18:00



**CRYSTAL LEISURE
CENTRE STOURBRIDGE**

Saturday: 10:15 - 11:15



HAYBRIDGE SCHOOL

Monday: 19:00 - 20:00



VILLAGE HOTEL SHIRLEY

Saturday: 15:00 - 16:00



**STRATFORD UPON AVON
COMMUNITY SPORTS CENTRE.**

Monday: 19:00 - 20:00



**STRATFORD UPON AVON
LEISURE CENTRE.**

Friday: 19:30 - 20:30



**TAMWORTH LANDAU FORTE
ACADEMY**

Friday: 19:00 - 20:00



**KENILWORTH CASTLE FARM
RECREATION CENTRE**

Sunday: 11:00 - 12:00am



**BROMSGROVE, THE DOLPHIN
CENTRE**

Saturday: 8:30 - 9:30am



www.ruachkarate.co.uk



Ruach Karate



@ruachtgruach 07946 348 131

Graphic Design by Rossonald, rossonald@gmail.com